
LARCHMONT MAMARONECK BASKETBALL ASSOCIATION (LMBA)

LMBAbasketball.com

About Our Program: 2010-2011

LMBA Mission Statement:

To promote the enjoyment of basketball and team sports by providing an inclusive and supportive sports environment for the boys and girls of our community. As a recreational league, we emphasize sportsmanship, participation, and skills development for all players.

Grades 1- 3 Clinics:

Initial clinic sessions will be comprised of skills development and practice; later sessions will include scrimmages against other teams. Sessions will be coordinated and led by an LMBA Instructor who will demonstrate drills and supervise practice and games. Sessions will be held on selected Saturday afternoons between December 4th and March 26th, usually at Hommocks gym. Players will be contacted by their coaches the week prior to the first session.

Grades 4 – 12 League Play:

We anticipate boys and girls leagues of Grade 4, Grade 5, Grade 6, Grades 7/8, and High School. Grade school league teams are formed through a draft; HS teams are formed by the coaches. Teams will have weekly practices of one hour or so, at times from 6:00pm through 10:00pm on weekdays at local schools. Grades 4 and 5 usually practice sometime between 6:00 – 8:30; grades 6 and above usually practice sometime between 7:30 – 10:00. Coaches will choose their practice slot at the draft. Games will be held weekend afternoons, primarily scheduled at Rye Neck High School Gym and Mamaroneck High School-Palmer Gym. Professional referees and a scorekeeper/ timekeeper will supervise the games. The emphasis of our league is on participation and skill development; we expect each team member to play roughly half of each game.

Clothing and Equipment:

Coaches will distribute team jerseys. Sneakers are required and we recommend that each player bring a water bottle. No jewelry may be worn.

Playing Up: Players in grades 3 and above may be eligible to play up one grade, subject to roster availability. Players wishing to be eligible to be drafted up must indicate their willingness to play up on registration form, and participate in Skills Assessment. Most years only a few players in each grade play up.

Player Responsibilities: Players are required make every effort to promptly attend all practices and games, and to inform coaches prior to missing or being late to any practices or games. Players are required to display courtesy and good sportsmanship at all times to teammates, opponents, and referees.

Players and their families should know that we are guests in the schools where we practice and play our games. Players and their families are restricted to the gym only. Food and drinks are not allowed, and all players are responsible for cleaning up after themselves and leaving the facilities the way they found them.

Skills Assessment:

Grades 4 – 8, and 3rd graders wishing to play up, are required to demonstrate their ability in basketball fundamentals during a two minute drill, and will be rated by the coaches. Skills Assessment will be held during the week(s) of November 8th and/or November 15th. Exact date(s) and time(s) will be posted and emailed well ahead of time.

Important Dates:

Sunday August 1			On-line Registration Available.
Week of November 8th & 15th	To be posted and emailed well ahead of time		Skills Assessment.
Thursday, November 18	7:00PM-8:30PM	Chatsworth	Coaching Clinic.
Sunday, November 21	6:00PM-10:00PM	St A/FAS Cafeteria	Girls Drafts.
Monday, November 22	6:00PM-10:00PM	St A/FAS Cafeteria	Boys Drafts.
Monday November 29			First League Practices.
Saturday December 4			First Clinics and League Play.
Saturday March 26			Final weekend.